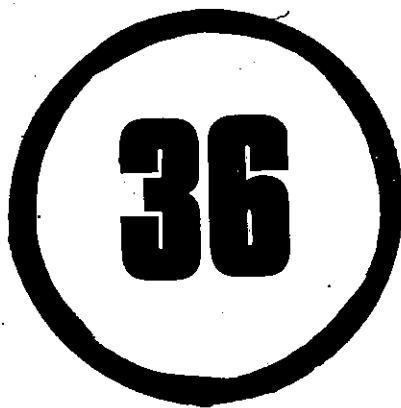


TERRY SMALLEY

SEYMOUR

LITTLE ATHLETICS
CENTRE



HANDBOOK
SEASON

1981-82

AFFILIATED WITH VICTORIAN LITTLE ATHLETICS ASS.

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SEYMOUR LITTLE ATHLETICS CENTRE

INTRODUCTION

With the 14th. Season of the Seymour Little Athletics Centre commencing on the 10th. October 1981 at Chittick Park we are looking forward to bigger and better things.

A very hard working team have formed the Centre Executive and a lot of planning has gone on to make this Season an enjoyable one.

TO PARENTS - Little Aths is a family activity and to make our Centre operate efficiently we need the support of all parents. Many of the jobs are quite simple and only require the ability to write or hold the end of a tape measure, or to chaperon a group of children from one event to another. There are always experienced officials present who can assist when needed.

Through parental participation we can implement a program which is an enjoyable pastime for the family.

LITTLE ATHLETICS IS FAMILY FUN AND FITNESS.

Volunteer your services and make this Season the most successful yet.

CENTRE EXECUTIVE.

LIFE MEMBERS

OWEN LUBECK	ELECTED 1976
VAL COURT	ELECTED 1976
NORM McLARTY	ELECTED 1978
MARY CLYDESDALE	ELECTED 1978
CARMEL O'SULLIVAN	ELECTED 1979
JOHN CLAASSEN	ELECTED 1979

CENTRE EXECUTIVE

PRESIDENT	TERRY SMALLEY	921045 B
VICE PRESIDENT	LYN HADFIELD	922169
SECRETARY/TREASURER	VAL COURT	921276
REGISTRAR	LYN HADFIELD	922169
PUBLICITY	MINNIE BORG	922418
PROGRAM	PETER SKINNER	
PROGRAM ADMINISTRATORS	SOPHIE BERENS	
	ALICE HALL	
EQUIPMENT	ROGER THORP	
	RON JONES	
TRACK & FIELD MANAGER	TERRY SMALLEY	
RECORDER	KEN DANIEL	
RECORDS	BETTY COLLARD	
TEAM MANAGER	DIANNE SMALLEY	

<u>COMMITTEE</u>	JOAN BLACK	PAT ROGERS
	STUART LEAF	MICK THOMAS

CLUBS

SEYMOUR CENTRAL

PRESIDENT	ROGER THORP
SECRETARY	VAL COURT

SEYMOUR EAST

PRESIDENT	ALAN JAMES
SECRETARY	JOAN BLACK

ST. MARY'S

PRESIDENT	PETER SKINNER
SECRETARY	SOPHIE BERENS

PUCKAPUNYAL

PRESIDENT	KEN DANIEL
SECRETARY	PAT ROGERS

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DATES TO REMEMBER

CENTRE REGISTRATION DAY	26TH SEPT 1981
CENTRE COMMENCEMENT DATE	10TH OCT. 1981
REGION RELAY CHAMPIONSHIPS BERIPA GROUP - BENALLA	22ND NOV. 1981
STATE RELAY CHAMPIONSHIPS MELB.	13TH DEC. 1981
BENALLA FAMILY COACHING CAMP	3RD-9TH JAN '82
DIVISION TRACK AND FIELD CHAMPIONSHIPS - BENDIGO	7TH FEB. 1982
REGION TRACK AND FIELD CHAMPIONSHIPS - BENALLA	21ST FEB. 1982
STATE TRACK AND FIELD CHAMPIONSHIPS - MELBOURNE	21ST MAR. 1982
CENTRE CHAMPIONSHIPS, BREAK UP AND PRESENTATION DAY	MAR. 1982

ACKNOWLEDGMENTS

THE SEYMOUR LITTLE ATHLETICS CENTRE WISHES TO
THANK THE LOCAL BUSINESS HOUSES MENTIONED IN THIS
HANDBOOK FOR THEIR CONTINUING SUPPORT.

These business people have indicated their support
and encouragement in the most practical way, it is
up to each member to reciprocate that support.

* * * * *

NAME

ADDRESS

CLUB.....

REGISTRATION NUMBER.....

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PROGRAM 1981-82

PROGRAM	WEEK	U/6	U/7	U/8
1.	1	70m	70m	LJ
	5	SP	DISC	70m
	9	100m	100m	100m
	13	LJ	LJ	SP
2.	2	DISC	LJ	60MH
	6	LJ	SP	HJ
	10	70m	70m	400m
	14	100m	100m	DISC
3.	3	HJ	70m	LJ
	7	70m	HJ	70m
	11	SP	SP	DISC
	15	200m	200m	200m
4.	4	DISC	LJ	HJ
	8	LJ	DISC	SP
	12	70m	70m	100MH
	16	100m	100m	200m

PROGRAM 1981-82

U/9	U/10	U/11	U/12	U/13-15
DISC	HJ	800m	800m	800m
400m	400m	DISC	LJ	SP
SP	LJ	HJ	100m	100m
100m	100m	100m	SP	LJ
60MH	60MH	1500MW	1500MW	1500MW
400m	400m	60MH	60MH	60MH
LJ	SP	LJ	HJ	HJ
SP	DISC	400m	400m	400m
70m	70m	TJ girls 1500m(b)	TJ girls 1500m(b)	TJ girls 1500m (b)
HJ	100m	800m (g) TJ (b)	800m (g) TJ (b)	800m (g) TJ (b)
200m	TJ	200m	DISC	DISC
TJ	200m	SP	200m	200m
800MW (1100m) ²	800MW (1100m) ²	100MH	100MH	100MH
100MH	100MH	400m	400m	400m
LJ	SP	LJ	DISC	DISC
DISC	DISC	70m	70m	70m

SEYMOUR CORDIALS

- AWARD WINNING DRY GINGER ALE AT THE ROYAL MELBOURNE SHOW, 1979.
- HOME DELIVERY SOFT DRINKS.
- Seymour, Yea, Nagambie, Avelal, Broadford.

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SEYMOUR CENTRE RECORDS - GIRLS - 1979-81

EVENT	U/9	U/10	U/11	U/12
70M	11.8 B. LOUGHNANE	11.4 K. DAWSON	10.8 H. LEAF	10.7 S. PORTER
100M	16.7 S. WILSON	15.9 K. DAWSON	16.1 S. SMALLEY	14.8 S. PORTER
200M	34.6 K. DAWSON	33.0 K. DAWSON	32.2 H. LEAF	30.4 S. PORTER
400M	1.20.0 K. DAWSON S. WILSON	1.14.0 K. DAWSON	1.17.0 S. SMALLEY	1.11.3 S. PORTER
800M			2.58.0 S. SMALLEY	2.47.0 L. ROGERS
800MW	5.26.0 L. KUBIEL	5.24.2 A. SAVAGE		
1500MW			9.38.0 S. SMALLEY	10.11.0 F. JONES
60M.H.	11.5 K. DAWSON	11.5 S. SMALLEY K. DAWSON	12.1 S. SMALLEY	11.9 K. CAMERON
100M.H.	17.6 K. DAWSON	18.2 S. SMALLEY	18.9 L. CARLI	17.8 F. JONES
SHOT PUT	6.28 K. DAWSON	6.85 J. DELZOTTO	8.34 S. BORG	10.95 S. ANSTEY
DISCUS	14.75 K. DAWSON	19.55 S. BORG	23.53 S. BORG	28.12 S. ANSTEY
LONG JUMP	3.20 K. DAWSON	3.86 H. LOADER	3.84 S. SMALLEY	3.71 H. LEAF
TRIPLE JUMP	6.42 K. DAWSON	7.50 H. LOADER	7.78 S. SMALLEY	7.55 H. LEAF
HIGH JUMP	1.05 K. DAWSON	1.16 K. DAWSON	1.17 S. SMALLEY	1.10 S. PORTER S. ANSTEY

CENTRE CHAMPIONSHIP AWARDS

1. Centre Champion Boy and Girl
2. Age Group Champion Boy and Girl
3. Club Championship - for the

OWEN LUBECK PERPETUAL SHIELD.

For each event participated in the children are awarded points which are recorded each week and totalled at the end of the season.

The Champion Boy and Girl and Age Group Championship placings are determined by totalling that number of points.

The points gained by each child also become Club points. The Club gaining the most points for the Season wins the OWEN LUBECK PERPETUAL SHIELD to display at their school till the end of the next Season.

Other awards, e.g. Encouragement Awards are also presented at the end of the Season.

HISTORY OF LITTLE ATHLETICS

Little Aths. began in Geelong in October, 1964. The original concept was developed by the founder Trevor Billingham, BEM, assisted by Alan Triscott.

Little Aths. grew at a phenomenal rate and by 1967 there was a Victorian Little Athletics Association and within five years the Australian Little Aths. Union came into being. Seymour Centre was formed in 1968.

Today the Victorian Little Aths. Association has an annual registration of around 30,000 children.

RULES OF COMPETITION

1. Only financial Little Athletics may compete
2. Saturday morning programs to commence at 9am.
3. Sandshoes or similar footwear is compulsory for all events. SPIKES ARE NOT PERMITTED.
4. All athletes must wear name and age group patch on the front of their 'T' shirt.
5. Athletes who misbehave may be suspended from competition.

GENERAL INFORMATION

1. All registered children and officials are covered by accident insurance whilst at the ground.
2. Centre Executive and General Meetings are normally held on the first Tuesday of each month at 14 The Avenue Seymour at 8pm. All parents are welcome.
3. Enquiries regarding lost property should be directed to Mr. Peter Skinner.
4. Centre Track and Field Records are to be compiled for the 1981/82 Season by Betty Collard.
5. Centre Championships are held in March 1982 at the close of the Season. Children must attend 9 or more Saturday mornings to be able to compete at the Championships for ribbons and trophies.
6. All children not registered must be under the control of parents.
7. Age group is determined from the actual age of the athlete on 1st. October. The athlete retains this age group for the whole of the Little Ath. season.
8. Awards are to be presented this Season for each competitor.

EVENT	U/9	U/10	U/11	U/12
70M	11.7 R. SMITH	10.9 R. SMITH	10.6 M. ROWAN	10.1 M. ROWAN
100M	16.3 R. SMITH	15.4 J.COONEY	14.8 M. ROWAN	14.3 M. ROWAN
200M	34.0 B. THORP	32.1 J.COONEY	29.8 M. ROWAN	29.5 M. ROWAN
400M	1.18.9 B. THORP	1.10.0 J.COONEY	1.10.0 M. ROWAN	1.07.0 M. ROWAN
800M			2.39.3 M. ROWAN	2.41.0 M. ROWAN
1500M			5.22.0 M. ROWAN	5.27.0 M. ROWAN
800MW	5.09.0 A.COLLARD	4.58.0 D.JAMIESON		
1500MW			9.19.0 M. ROWAN	9.22.0 N.KENDERA
60M HURDLE	11.6 R. SMITH	10.8 J.COONEY	11.1 M. ROWAN B.TARRAN	10.5 B.TARRAN
100MH	18.3 R. SMITH	17.6 S.KREEMERS	17.0 M. ROWAN	17.6 D. COOK
SHOT PUT	6.93 A. COLLARD	9.10 M.SALAKOWSKI	7.66 C.MUNRO	7.98 A. SAW
DISCUS	20.41 A. COLLARD	23.88 M.SALAKOWSKI	24.16 M. ROWAN	28.69 A.CLYDESDALE
LONG JUMP	3.45 B. THORP	3.94 C. HALL	4.08 D.JAMIESON	4.56 M. ROWAN
TRIPLE JUMP	6.90 B. THORP	8.14 C. HALL	8.46 D.JAMIESON	9.27 M. ROWAN
HIGH JUMP	1.10 T. DONOHUE B. THORP	1.20 D.JAMIESON	1.34 M. ROWAN	1.36 D. COOK

ATHLETICS CAN BE FUN

